



# Imagine It

Royal schedule of events for the week of June 29<sup>th</sup>

**Majestic Mondays**—Adventures with your Flat Prince/Princess. (Check our website for a Flat Prince or Princess to color, cut out, and take on an excursion around your house, yard, etc.) Where will your travels take you? Discover your imagination and don't forget to post or send us your pictures. Post on FB or send to:

[childrensroom@nbranfordlibraries.org](mailto:childrensroom@nbranfordlibraries.org)

Check for Flat Clara's adventure in the Smith Library this week.

**Tinkering Tuesdays**—Join Duchess Debbie for an adventure at the beach with the book *When a Dragon Moves In* by Jodi Moore. Is there truly a mischievous dragon running around on the beach or is someone's imagination running wild? Decide for yourself!

<https://www.storylineonline.net/books/when-a-dragon-moves-in/>

**STEAM project:** Flying dragon -

<https://theresjustonemommy.com/flying-dragon-craft-for-kids/>

**Wellness Wednesdays**—**Breathe Fire Like a Dragon!** Dragon Breathing releases tension and negative energy. It is a great exercise to practice for those moments when we are angry or feel like we might explode, or if we are just trying to relax at the end of a long day.

### How To: Dragon Breathing

- Sit cross-legged or kneeling with your spine long
- Breathe in through your nose
- Breathe out through your mouth whispering a roar
- Option to stick out your tongue and open your eyes and mouth wide
- Repeat 3-5 times

<https://www.youtube.com/watch?v=dj1NgTTPQyc>

<https://onlitttleproject.com/paper-roll-dragon-craft/> (to make a fire breathing dragon)

### Thoughtful Thursdays

—Stuck in Our Castle Bingo Quizzes

Complete a quiz(s) with your family and post or send us your pictures.

\*Facebook page: @NBPublicLibraries

\*Email pictures to: [childrensroom@nbranfordlibraries.org](mailto:childrensroom@nbranfordlibraries.org) and write Quizzes as the subject.

For each completed quiz (5 per BINGO), or photo shared, we will add 5 hearts to our rainbow in the large windows at both of our Royal Libraries and enter your name in our prize drawing. **This week's prize is a gift certificate to Czarzelli's Harrison Hill Farm for strawberries or in season veggies.**

**Fun Fridays**—**Rainbow Bubble Snakes!** If your kids love bubbles, they'll go crazy over bubble snakes. All you need is a sock that lost its mate, an empty water bottle, a rubber band, soap and water. <http://www.housingaforest.com/rainbow-bubble-snakes/>  
Check here for another fun dragon story:

<https://www.storylineonline.net/books/kiss-missed/>