

SEED GERMINATION

watch seeds grow in a jar!



Supplies:

- jars
- wet paper towels
- seeds

Steps to germinate seeds:

1. Set several wet paper towels in a jar.
2. Make sure to wring out the paper towels so there's no excess water in the jar.
3. Place seeds in the jar, near the bottom half.
4. If you do multiple seeds, label the jars.
5. Place them by the window and wait.
6. After a couple of days, you will see them start to sprout!
7. After about a week, they will really start to grow!

I hope you'll try this science activity out.

To download the printable journal go to teachingmama.org website:

<https://teachingmama.org/germination-activity-grow-seeds-in-a-jar/>

**To put the journal together, simply print the first page. Then flip over the page and print the second page on the back. Then fold the page horizontally.*

**FREE PRINTABLE
JOURNAL**

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